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## Broken Chains: How I Broke the Cycle of Abuse and Neglect and Went from Victim to Survivor (Paperback)

By Counselor Judy

AUTHORHOUSE, United States, 2015. Paperback. Condition: New. Reprint. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Winston Churchill once said that -success consists of going from failure to failure without loss of enthusiasm.- I have always looked to inspirational quotes like this to get me through hardships, and Churchill s words are no exception. Over the years, I have learned firsthand that I, like everyone else, am not perfect. Instead of allowing my failures to discourage me, I have come to see them as learning experiences that have enlightened me and shaped me into the individual I have finally come to love and respect. All things in life have a silver lining. Through my failures, I have become a more efficient problem solver. I have gathered the strength to move forward in life and accomplish things I never thought possible. This is the story of my life. It was not an easy story for me to tell since I am a product of childhood abuse and family neglect. I had to come to overcome my shame of being abused, but I knew that by not telling the story, I would forever remain a victim. To become a survivor,...



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### Reviews

*This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- Prof. Dale Fahey MD

*Basically no words to describe. We have read through and i also am sure that i am going to going to read once more once again later on. You may like just how the article writer compose this publication.*

-- Mrs. Jane Quitzon DDS