



Children Of The Self-Absorbed: A Grown-up s Guide to Getting over Narcissistic Parents (Paperback)

By Nina W. Brown

New Harbinger Publications, United States, 2008. Paperback. Condition: New. 2nd ed.. Language: English . Brand New Book. Being a parent is usually all about giving of yourself to foster your child s growth and development. But what happens when this isn t the case? Some parents dismiss the needs of their children, asserting their own instead, demanding attention and reassurance from even very young children. This may especially be the case when a parent has narcissistic tendencies or narcissistic personality disorder. From the author of Working with the Self-Absorbed , this major revision of a self-help classic offers readers a step-by-step approach to resolving conflict and building a meaningful relationship with a narcissistic parent. Children of the Self-Absorbed, Second Edition , offers clear definitions of narcissism and narcissistic personality disorder to help readers identify the extent of their parent s problem. Readers learn the different types of destructive narcissism and how to recognize their effects on relationships. With the aid of proven techniques, readers are assured that they are not helpless against their parent s behavior, and that they needn t consider giving up on the relationship. Instead, realistic strategies and steps are suggested for learning...



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Reviews

The book is fantastic and great. I have got read through and i am confident that i will planning to read yet again once again in the foreseeable future. I found out this book from my dad and i recommended this publication to discover.

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