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Reviews

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(Mrs. Alia Borer)

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paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2011-06 Publisher: Jilin University Press Content About health is the basis of the life of human happiness. healthy living has become the modern increasingly concerned about the topic. The occupational social activities of the people to maintain a healthy life play personality to a people without a job is difficult to maintain good mental health. However. with the rapid social and economic development. social competition intensifies and the pace of work continues to accelerate, and gradually expand the share of the working hours in the life, and many people even still working after retirement. From this perspective, the working conditions of the people tend to largely determine the level of mental health, but at the same time, work to bring pressure on those who put too much work inevitably lead to health risks. In recent years, the professional mental health increasingly attracted the attention of the government, enterprises and other organizations. In particular, the teaching profession, due to the characteristics of his professional career caused by mental health problems affect not only their own, but also may affect the healthy growth of youngsters. Therefore we can say, the teacher professional mental health or not related to the level of the quality of human resources, which related to the competitiveness of the country as a whole. Corresponding to such a grim situation is the lack of relevant knowledge psychology neglect and misunderstanding from a wide range of physical and mental health of teachers and teachers' groups. The teacher's role is not confined to a classroom of tens of minutes as we imagined. Addition to lesson planning, lessons, correcting homework, taking into account the academic performance of the students....



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